

# Surviving the Internet

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Disclaimer

Why now?

Beyond passwords

## **Gmail 2-step verification**

<http://gmailblog.blogspot.com/2011/02/advanced-sign-in-security-for-your.html>

## **Yahoo! second sign-in verification**

<http://www.ymailblog.com/blog/2011/12/yahoo-introduces-stronger-user-authentication-%E2%80%93-second-sign-in-verification/>

## **PayPal Security Key**

[https://www.paypal.com/us/cgi-bin?cmd=xpt/Marketing\\_CommandDriven/securitycenter/PayPalSecurityKey-outside&bn\\_r=o](https://www.paypal.com/us/cgi-bin?cmd=xpt/Marketing_CommandDriven/securitycenter/PayPalSecurityKey-outside&bn_r=o)

## **Facebook Login Approvals**

[https://www.facebook.com/note.php?note\\_id=10150172618258920](https://www.facebook.com/note.php?note_id=10150172618258920)

## **Dropbox two-step verification**

<https://blog.dropbox.com/index.php/another-layer-of-security-for-your-dropbox-account/>

Limit

Harden

- **Install antivirus software, good free choices:**
  - <http://windows.microsoft.com/en-US/windows/products/security-essentials>
  - <http://www.sophos.com/en-us/products/free-tools/sophos-antivirus-for-mac-home-edition.aspx>
- **Patch your computer to most current level**
- **Enable Automatic Updates**
  - <http://windows.microsoft.com/en-US/windows-vista/Understanding-Windows-automatic-updating>
  - <https://www.apple.com/softwareupdate/>
- **Operating System and software patch scanner**
  - [https://secunia.com/vulnerability\\_scanning/personal/](https://secunia.com/vulnerability_scanning/personal/)
  - <http://informer-technologies-inc.mac.informer.com/>

- **Enable the firewall native to your Operating System**

- <http://windows.microsoft.com/en-US/windows-vista/Understanding-Windows-Firewall-settings>
- <https://support.apple.com/kb/HT1810>

- **Test your firewall**

- <https://www.grc.com/x/ne.dll?bh0bkyd2> (Windows only)

- **Wi-Fi Security**

- **Best security practices** <http://www.wi-fi.org/discover-and-learn/security>, <http://wirelessdefence.org/Contents/Home%20Wireless%20Security%20Tips.htm>

- **Encrypt your hard disk**

- **Windows BitLocker**

- <http://windows.microsoft.com/en-US/windows7/products/features/bitlocker>

- **Mac OS X FileVault** <https://support.apple.com/kb/PH7024> or <https://support.apple.com/kb/HT4790>

- **TruCrypt** <http://www.truecrypt.org/>

- **Backup your hard disk**

- Backup both locally **AND** online

- **Windows**

- <http://windows.microsoft.com/en-US/windows7/products/features/backup-and-restore>

- **Mac OS X** <https://support.apple.com/kb/ht1553>

- **Commodo Backup** <http://backup.comodo.com/> (Windows)

- **SugarSync** <https://www.sugarsync.com/>

- **MozyHome** <https://mozy.com/home/free/>

- **Securely erase your hard disk**
  - UCSD Center for Recording Magnetic Research  
<http://cmrr.ucsd.edu/people/Hughes/SecureErase.shtml>
  - Darik's Boot And Nuke (DBAN) <http://www.dban.org/>
- **Encrypt email containing your sensitive data**
  - Hushmail <https://www.hushmail.com/>

- **Mobile Device Security**

- **Android** <http://source.android.com/tech/security/>
- **iOS** <https://www.apple.com/ipad/business/resources/>
- **Windows Phone**  
<http://www.microsoft.com/security/online-privacy/mobile-phone-safety.aspx>

When (not if)  
it all goes horribly wrong

<http://ftc.gov/idtheft>

No plan survives first contact with the enemy

-Moltke the Elder

Thank you

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